Exapostilarion 1

Let us go up with the disciples to the mountain in Galilee, in faith to behold Christ as He says:

"All power is given unto me in heaven and in earth."

Let us learn to teach all nations, baptising them in the Name of the Father, and of the Son, and of the Holy Spirit, and be with those made partakers in the mystery, as He promised even unto the end of the world.

Glory...now and ever...

(this "Glory" is inserted in like manner between all the remaining Exapostilaria/Theotokia)
Theotokion 1

Thou didst rejoice with the disciples, O Virgin Mother of God,
seeing Christ risen the third day from the tomb as He said;
He appeared to them teaching them and revealing sublime truths,
and commanding them to baptise in the Father, the Son, and the Holy Spirit, that we may believe in His Resurrection,
and glorify Thee, O Maiden.

Exapostilarion 2

The myrrh-bearing women rejoiced at seeing the stone rolled away; they saw a young man sitting within the tomb, who said to them: "Lo, Christ is risen;
tell the disciples and Peter. Hasten to the
Theotokion 2

An angel brought the Virgin the salvation before Thy conception, O Christ.

An angel also rolled away the stone from Thy tomb.

The one, in place of sorrow, brought tokens of ineffable joy, and the other, in place of death, proclaimed and magnified Thee, the Giver of life, proclaiming the Resurrection to the women, and to those made partakers in the mystery.

mountain of Galilee, there He will appear to you, as He foretold His friends.
Let no man doubt that Christ has risen, for He appeared to Mary and then was seen by the two walking in the country. Again He appeared to the Eleven as they sat at meal and, having sent them to baptize, was received up into heaven from whence He came, confirming their preaching with a multitude of signs.

O Thou Sun, that shone forth over the tomb today, as a Bride-groom coming forth from the bridal chamber Vanquisher of hell and Destroyer of death:
Thou hast sent us light by the intercession of her that bore Thee-light that has enlightened our hearts and souls, light that has directed us all to walk in the paths of Thy commandments and the ways of peace.

Exapostilarion 4

Resplendent with virtue, we see standing by the life-bearing tomb a man in shining garments, while the myrrh-bearing women bow down their faces to the earth.

Let us learn of the Resurrection of Him who reigns over heaven, and let us hasten with Peter to find Life in the tomb.
and, marvelling at that which has come to pass,

let us remain to gaze on Christ.

Thoctokion 4

Thou, O Lord hast transformed the sorrow of our forefathers,

bringing to the world in its stead the joy of Thy Resurrection.

Therefore, Giver of Life, through her who brought Thee forth,

light has enlightened our hearts. Do Thou send down upon us

the light of Thy mercies, that we may

cry aloud to Thee: Glory to Thy Resurrection, O God and man who loveth man kind.
Christ, the Life and the Way, when He had risen from the dead, walked with Cleopas and Luke on their way, and was made known to them at Emmaus in the breaking of bread. Their hearts burned within them when He spoke to them on the way and interpreted to them the Scriptures and the things He had suffered. Let us cry aloud with them: "He is risen, and has appeared to Peter!"

I sing the praises of Thy measureless mercy, O my Maker, for Thou didst empty Thyself
to suffer and to save the nature of mortal man that had grown evil. Thou, being God, was pleased to be born of God’s pure Maiden in my earthly condition. Thou didst go down even into hell, being please by the intercession of her that bore Thee to save me, O Word, Thou all-merciful Master.

Exapostilarion 6

Showing them that Thou art man in essence, O Savior, after Thy Resurrection from the tomb, Thou didst eat in the midst of Thy disciples, and didst teach them to preach the baptism of repentance.
Thou straight-way ascendedst to the Father and didst promise to send the disciples the Comforter. O most divine God and Man, glory to Thy Resurrection!

Theotokion 6

The Creator of all things and God of all has taken mortal flesh from thine unde-filed blood, O all-holy Virgin, and has renewed my corrupt nature, leaving thee the same after childbirth as thou wast before. Therefore we all praise thee with faith, crying aloud Hail, Queen of the world!
When Mary said that they had taken the Lord away,

Simon Peter and the other disciple of Christ whom He loved ran to the tomb, and they found the grave-clothes lying alone therein and the napkin that had been about His head not with them, but apart.

They therefore kept silence until they saw Christ.

Things great and exceeding strange hast Thou done for me,

O my most merciful Christ, for Thou wast inefably born of a Virgin Maiden and didst accept the Cross and suffer death.
Thou didst rise again in glory to set our nature free from death. Glory to Thy glory, O Christ; glory to Thy power! 

Exapostilarion 8

Seeing two angels inside the tomb, Mary was struck with wonder and, not recognizing Christ, she, supposing Him to be the gardener asked Him:

"Where, O Lord, hast Thou laid the body of my Jesus?"

Then seeing at His voice that it was the Savior Himself, she heard Him say: "Touch me not, tell the brethren that I go to My Father."
Theotokion 8

Thou, O Maiden, didst ineffably bear
One of the Trinity, two by nature,
two in operation, One in Person.

En-treat Him then for us who venerate Thee with faith,
that we may ever be delivered from all the wiles of the enemy, for we all now take refuge in Thee,
O Lady and Mother of God.

Exapostilarion 9

When Thou didst enter through closed doors, O Master,
Thou didst fill the apostles with the Holy Spirit, gently breathing on them; and Thou didst say to them that
they would retain and remit sins;
after eight days Thou didst show Thomas Thy side and Thy hands.
With him we cry aloud:
"Thou art our Lord and our God!"

Theotokion 9

As thou didst behold on the third day,
O Bride of God and most holy Virgin,
thine own Son risen from the tomb,

thou didst set aside all the affliction that thou endurdest
as a mother on beholding Him suffering.

Thou wast filled with joy and, together with
His disciples, didst laud Him in song. O Mother of God, save those who thus confess thee.

Exapostilarion 10

The Sea of Tiberias a-fore time drew the sons of Zebedee, with Nathaniel and Peter, two other disciples and Thomas, to go fishing. Casting their net on the right side of the ship at Christ's command, they drew in a multitude of fish. Peter, recognizing Him, cast himself into the sea to go to Him. This was the third time that He had appeared to them, and He showed them bread and fish up-on the coals.
Theotokion 10

O Virgin, pray to Him who rose from the tomb on the third day for the who praise thee and bless thee with love. For we have thee as a saving refuge and a mediator before Him.

We have indeed become thy heritage and thy servants,

O Mother of God, and we all look to thy protection.

Exapostilarion 11

After the divine Resurrection the Lord, asking Peter three times: "Lovest Thou me?", made him the chief shepherd of the sheep in His fold.

Serbian Orthodox Church in the USA and Canada: Central Church Liturgical Music Committee (2005)
Seeing him whom Jesus loved following along behind Him,

he asked his Master: "What shall this man do?"

"If I will," He said, "that he tarry til I come again,

what is that to thee, Peter my friend?"

Theotokion 11

O some mystery! O glorious wonder!

Death is, by death, utterly destroyed.

Who then praises not Thy Resurrection, O Word?

Who then venerates not the Mother of God,

Who bore Thee in purity in the flesh? By her intercessions,

de deliver us all from Gehenna.