Thursday evening:
(Tone 6)

My help comes from the Lord who made heaven and earth.

Friday evening:
(Tone 7)

Thou, O God, art my help and Thy mercy shall go before me.

Lord Have Mercy (40 times - at the Litiya)

Lord have mercy, Lord have mercy,
Lord have mercy, Lord have mercy,
Lord have mercy, Lord have mercy, Lord have mercy,
Lord have mercy, Lord have mercy, Lord have mercy,
Lord have mercy, Lord have mercy, Lord have mercy, Lord have mercy,
Lord have mercy, Lord have mercy, Lord have mercy.

(After third repeat)

Lord have mercy, Lord have mercy, Lord have mercy, Lord have mercy, Lord have mercy, Lord have mercy.

Serbian Orthodox Church in the USA and Canada: Central Church Liturgical Music Committee (2005)